

Swim Class - 2008 Summer Q3 - Sunnyvale (Saturday)

10 Saturdays = Jun14, 21, 28; Jul 5, 12, 26; Aug2, 9, 16, 23, 30

No Class Dates: Jul 19

Racer Class 11:00-12:00 pm

Swimming Skills Evaluation	2-Side Breath	FR Flip Turn	under water	Race Dive	FR 50 yd	Back 50 yd	BR 50 yd	Fly 50 yd	400 IM	Training Endurance	Racing Strategy	Next Level Enroll
Emily Chang					47"	1'03	1'08	59"	9'52			Racer I
Katherine Liu					47"	54"	1'01	1'09	10'58			Racer I
David Kong			5	3'	52"	1'06	1'09	1'16				Comp II
Stephanie Lee					47"	58"	55"	1'06	10'32			Racer I
Ryan Chan			5	3'	51"	1'06	1'04	1'10				Comp II
Alex Chan			2	3'	55"	1'17	1'32	1'23				Comp II
Sydney Chan			2	2'30"	53"	1'11	1'00	1'12				Comp II
Shannon Chan			2	2'30"	55"	1'14	1'15	1'27				Comp II
Sunny He					45"	52"	49"	1'11	9'27			Racer I
Aileen Luo					42"	59"	50"	55"	9'54			Racer I
Lennett Xu					38"3	53"	58"	50.6"	9'25			Racer I
Darin Li					48"	54"	1'06	1'05"	9'39			Racer I

Comp Class 11:00-12:00 pm

Swimming Skills Evaluation	Push Off	Tread Water	Under Water	BR Pull Down	Dolphin Kick	Fly Swim	100 IM Swim	FR 50 yd	Back 50 yd	BR 50 yd	Fly 50 yd	Next Level Enroll
Raymond Xu			2				2'25	1'00"	1'12	1'05	1'19	Comp II
Ryan Li			4					51"	58"	1'04	1'18	Racer I
Jennifer He			5				2'35	53"	1'02	1'05	1'12	Comp II
Leo Tong			3				2'40	1'03	1'23	1'09	1'14	Comp II
David Xu			5				2'16	52"	53"15	1'06	1'12	Racer I

Racer Class 12:00-1:00 pm

Swimming Skills Evaluation	2-Side Breath	FR Flip Turn	Back Flip Turn	Race Dive	FR 50 yd	Back 50 yd	BR 50 yd	Fly 50 yd	FR 800 yd	Training Endurance	Racing Strategy	Next Level Enroll
Michael Jiang					48"	58"	1'05					Racer I
Joshua Pan					54"	59"	1'09					Racer I
Emily Lu					50"	1'02	1'04					Racer I
Albert Zhang					46"8	53"7	59"					Racer I
Elaine Zhang					43"	53"7	1'00					Racer I

Comp Class 12:00-1:00 pm

Swimming Skills Evaluation	Push Off	Tread Water	Under Water	BR Pull Down	Dolphin Kick	Fly Swim	IM Turns	FR 50 yd	Back 50 yd	BR 50 yd	Fly 50 yd	Next Level Enroll
Terry Wang	4.5	3min		5			4	52"	1'05	1'08	1'11	Comp II
Steve Jiang	4	3min		3				59"	1'07	1'16	1'21	Comp II
Eric Zeng	5	3min		4.5			5	59"	1'09	1'13	1'26	Comp II
Jeremy Shek	5	3min		5			5	54"	1'07	1'02	1'05	Comp II
Matthew Li	5	3min		4				52"	1'01	1'09	1'12	Comp II
George Zhang	4	3min		3			2	54"	1'15	1'10	1'11	Comp II
Carly Feng	4.5	3min		4			3	1'02"	1'10	1'13	1'24	Comp II

Blank – Untested X - Incapable 1 – Barely 2 – Fair 3 – Capable 4 – Good 5 – Excellent

9/4/2008