

## Swim Class - 2008 Winter Q1 - Hayward (Sunday)

11 Sundays = Jan 6, 13, 20, 27; Feb 17, 24; Mar 2, 9, 16, 23, 30;

No Class Dates: Feb 3, 10

### Beginner Class 10:00-11:00 am

Swimming Skills Evaluation	Push off Front & Back	Hands Touch Bottom	FR/BK Kick /w	FR/BK Kick o/w Board	FR Catch-up /w Board	FR Catch-up	FR Side Breath	Streamline (FR/BK)	FR Max. Length	Back Max. Length	BR Kick	Next Level To Enroll
<b>Joicee Lu</b>	5	1	5	5	5	5	5	5	75yd	150yd	2	Inter I
<b>Jeffery Li</b>	5	5	5	4.5	4.5	4	4	4	35yd	200yd	x	Inter I
<b>Kevin Chen</b>	5	5	5	4.5	4.5	5	4	4	75yd	65yd	2	Inter I
<b>Boris Tam</b>	5	5	4.5	4.5	5	5	5	5	150yd	200yd	5	Inter I
<b>Emily Yang</b>	4.5	x	4	3	3	3	3	5	20yd	50yd	2	Beg II
<b>Electra Kasimidis</b>	4	5	4	5	4	4	5	5	100yd	150yd	2	Inter I

### Bubbler Class 11:00-11:30 am

Swimming Skills Evaluation	Relax & No Cry	Monkey Crawl	Face in Water	Kick /w Board	Submerge Head in Water	Bubble Blowing 5+ sec	Breath in and out	FR Arm Movement on Deck	FR Side Breath	Push off Front/Back Gliding	Stroke & Max. Length	Next Level To Enroll
<b>Joey Lu</b>	5	5	5	5	5	5	5	5	4	3	4yd	Bub II
<b>Melisa Shao</b>	4	5	5	3	5	5	3.5	4	2	1	3yd	Bub II

### Beginner Class 2:00-3:00 pm

Swimming Skills Evaluation	Push off Front & Back	Hands Touch Bottom	FR/BK Kick /w	FR/BK Kick o/w Board	FR Catch-up /w Board	FR Catch-up	FR Side Breath	Streamline (FR/BK)	FR Max. Length	Back Max. Length	BR Kick	Next Level To Enroll
<b>Alexander Zhang</b>	3.5	3	3.5	2.5	3.5	2	3	3	20yd	13yd	x	Beg II
<b>Lori Luo</b>									25yd	50yd		Inter II
<b>Tiger Jia</b>	5	5	5	5	5	4.5	5	5	50yd	50yd		Inter II
<b>Allan Zhou</b>	4	5	3.5	4	4	4	3	3.5	18yd	18yd		Beg II

Blank – Untested      X - Incapable      1 – Barely      2 – Fair      3 – Capable      4 – Good      5 – Excellent