

## Swim Class - 2007 Summer Q3 - Sunnyvale (Saturday)

10 Saturdays = Jun 16, 23, 30; Jul 7, 14, 28; Aug 4, 11, 18, 25;

No Class Dates: July 21

### Intermediate Class 1:00-2:00 pm

| Swimming Skills Evaluation | Push off<br>FR/BK | Back<br>Kick | BR<br>Kick | FR<br>Catch-up | FR Side<br>Breath | BK/BR<br>Finish | Circle<br>Swim | FR<br>50 yd | BK<br>50 yd | BR<br>50 yd | Fly<br>25 yd | Next Level<br>To Enroll |
|----------------------------|-------------------|--------------|------------|----------------|-------------------|-----------------|----------------|-------------|-------------|-------------|--------------|-------------------------|
| <b>Kingsley Wang</b>       | 4                 | 4            |            | 4              | 4.5               |                 |                | 2'06"       | 1'47"       | 1'39"       |              | <b>Inter I</b>          |
| <b>Josephine Robinson</b>  | 4                 | 4            |            | 4.5            | 4.5               |                 |                | 1'24"       | 1'33"       | 1'37"       |              | <b>Adv I</b>            |
| <b>Gabriel Chang</b>       | 4                 | 4            |            | 4              | 3.5               |                 |                | 1'25"       | 2'15"       | 1'55"       |              | <b>Inter II</b>         |
| <b>Jessie Pao</b>          | 4                 | 4            |            | 4              | 4                 |                 |                | 1'55"       | 1'53"       | 2'45"       |              | <b>Inter I</b>          |
| <b>Brandon Lee</b>         | 5                 | 4            | 3          | 4              | 5                 | 4               |                | 1'20"       | 1'18"       | 1'48"       |              | <b>Adv II</b>           |
| <b>Michael Chen</b>        | 4                 | 4            |            | 4.5            | 4.5               |                 |                | 1'22"       | 1'23"       | 1'52"       |              | <b>Adv I</b>            |
| <b>Sadiya Abdul</b>        | 4                 | 4            |            | 4.5            | 4.5               |                 |                | 1'20"       | 1'11"       | 1'45"       |              | <b>Adv II</b>           |

### Intermediate Class 2:00-3:00 pm

| Swimming Skills Evaluation | Push off<br>FR/BK | Back<br>Kick | BR<br>Kick | FR<br>Catch-up | FR Side<br>Breath | BK/BR<br>Finish | Circle<br>Swim | FR<br>50 yd | BK<br>50 yd | BR<br>50 yd | Fly<br>25 yd | Next Level<br>To Enroll |
|----------------------------|-------------------|--------------|------------|----------------|-------------------|-----------------|----------------|-------------|-------------|-------------|--------------|-------------------------|
| <b>Ryan Li</b>             | 5                 | 3            | 5          | 4              | 4                 | 5               | 3              | 1'15"       | 1'03"       | 1'14"       | 1'00"        | <b>Comp I</b>           |
| <b>asmine Dioguardo</b>    | 5                 | 5            | 3          | 5              | 4                 | 5               | 5              | 54"         | 1'44"       | 1'29"       | 36"          | <b>Adv II</b>           |
| <b>Jimmy Liu</b>           | 5                 | 5            | 3          | 5              | 5                 | 5               | 5              | 59"         | 1'08"       | 1'24"       | 35"          | <b>Comp I</b>           |

### Intermediate Class 3:00-4:00 pm

| Swimming Skills Evaluation | Push off<br>FR/BK | Back<br>Kick | BR<br>Kick | FR<br>Catch-up | FR Side<br>Breath | BK/BR<br>Finish | Circle<br>Swim | FR<br>50 yd | BK<br>50 yd | BR<br>50 yd | Fly<br>25 yd | Next Level<br>To Enroll |
|----------------------------|-------------------|--------------|------------|----------------|-------------------|-----------------|----------------|-------------|-------------|-------------|--------------|-------------------------|
| <b>Eric Gao</b>            | 4                 | 4            | 3          | 4              | 4                 | 4               |                | 1'34"       | 1'40"       | 2'37"       |              | <b>Inter II</b>         |
| <b>Jason Yuan</b>          | 5                 | 4            | 3.5        | 5              | 5                 | 3.5             |                | 55"         | 1'04"       | 1'33"       |              | <b>Comp I</b>           |
| <b>Jaden Jin</b>           | 3.5               | 3            | 3          | 4              | 4                 | 5               |                | 1'17"       | 1'37"       | 2'22"       |              | <b>Int II</b>           |
| <b>Anna Zhen</b>           | 4                 | 5            | 4          | 4              | 4.5               | 5               |                | 1'09"       | 1'36"       | 1'51"       |              | <b>Adv I</b>            |
| <b>Lisa Qing</b>           | 5                 | 3.5          | 3.5        | 4.5            | 4                 | 4.5             |                | 1'08"       | 1'19"       | 1'47"       |              | <b>Adv II</b>           |

### Intermediate Class 4:00-5:00 pm

| Swimming Skills Evaluation | Push off<br>FR/BK | Back<br>Kick | BR<br>Kick | FR<br>Catch-up | FR Side<br>Breath | BK/BR<br>Finish | Circle<br>Swim | FR<br>50 yd | BK<br>50 yd | BR<br>50 yd | Fly<br>25 yd | Next Level<br>To Enroll |
|----------------------------|-------------------|--------------|------------|----------------|-------------------|-----------------|----------------|-------------|-------------|-------------|--------------|-------------------------|
| <b>Tom Liu</b>             | 4.5               | 4            | 4          | 4.5            | 4                 | 4.5             |                | 1'26"       | 1'40"       | 1'35"       |              | <b>Adv I</b>            |
| <b>Larry Li</b>            | 4.5               | 3.5          | 4.5        | 5              | 5                 | 5               |                | 1'40"       | 1'44"       | 1'32"       |              | <b>Inter II</b>         |
| <b>Daniel Tong</b>         | 3.5               | 3            | 3          | 4              | 4                 | 4               |                | 1'53"       | 2'10"       | 2'17"       |              | <b>Int I</b>            |
| <b>Danielle Yuen</b>       | 4.5               | 5            | 4          | 5              | 5                 | 5               |                | 1'08"       | 1'34"       | 1'23"       |              | <b>Adv II</b>           |

Blank – Untested

X - Incapable

1 – Barely

2 – Fair

3 – Capable

4 – Good

5 – Excellent